

Course Descript CCHM

Herbal Medicine 1 & 2 HM911/921 8cr/120hrs each

This series of courses provides a total of 240 hours of comprehensive study of Chinese Herbal Medicine. Topics include history, theory, and the classifications and medical properties of Chinese herbs. Students also learn the basic classical herbal prescriptions of Chinese Medicine. Topics include the history, pattern discrimination, actions and indications of major formulas. Courses must be taken in order.

Incompatibilities, Contraindications, and Interactions HM912 1cr/15hrs

This course introduces the concepts of interaction of individual Chinese herbs and traditional formulas that are used in clinical practice, with an emphasis on understanding how to safely combine herbs, as well as historically documented incompatible and contraindicated substances. Toxicology in Chinese herbal medicine and drug-herb interaction issues are also discussed from a western perspective.

Essential Oils HM913 2cr/30hrs

This course provides an introduction to basic uses and properties of essential oils and their place in Chinese Medicine. Topics include Essential Oils Materia Medica, applications, and safety of Essential Oils in the treatment of conditions of the respiratory and digestive systems and the Spirit/Shen.

Chinese Medicine Food Therapy HM914 2cr/30hrs

This course introduces the basic principles of food therapy as they relate to Chinese Medicine practice. Topics include Materia Medica of foods and their categorization with regard to temperature, taste and function as well as the implementation of dietary advice for various diseases and pattern differentiations. There is a materials fee for this course.

Herbal Dispensary OB911 .5cr/15hrs

Herbal dispensary takes place over the first two terms of the program. This course provides an introduction to the Chinese herbal dispensary and emphasizes hands on experience in mixing herbal formulas using raw herbs, essential oils, tinctures, and granules. Students will become familiar with the categories of bulk herbs and the most frequently used patent medicines.

Classical Channels & Herbs HM922 1cr/15hrs

This course will cover the internal and external use of Chinese herbal medicine in treating the Sinew, Luo, Divergent and Eight Extra Channels. Discussions will include historical perspectives and clinical application of herbal medicine to address commonly seen conditions.

Herbal Preparations HM923 3cr/45hrs

This course provides an introduction to the knowledge and skills necessary to create medicinal preparations from raw herbs. Topics include herb processing (pao zhi), tinctures, pills and other internal medicines, liniments, salves and other topical preparations. Students practice preparing the most commonly used medicinal formats from raw herbs. There is a materials fee for this course.

Patent Medicines HM931 2cr/30hrs

This course is a study of patented Chinese Herbal Medicines. Topics include proper dosage, manufacturers, clinical applications and dispensary operations. Students also study the actions, indications, dosage, and contraindications of patent medicines. *Prerequisites HM911/921.*

Herbal Comprehensive Review HM932 3cr/45hrs

This course provides a comprehensive study of the Chinese Materia Medica and classical prescriptions. Emphasis is placed on synthesizing knowledge of herbs and formulas. *Prerequisite HM911/912/913/921/922*

Clinical Internship IN931 6.5cr/195hrs

This course provides the student with an opportunity to integrate the theoretical and practical aspects on Chinese Medicine in a clinical setting. The student is expected to develop and demonstrate proficiency in professional behavior and patient care using herbal medicine. Identifying conditions that warrant patient referral and making recommendations for self-care must be demonstrated. Student must be able to re-evaluate diagnosis and treatment strategies, and modify formulas. *Prerequisite OB911, HM911/921/922.*