

Helpful Websites for Online Research

Acupuncture and Complementary Medicine Resources

Acufinder has information on health conditions, herbs, laws by state, and acupuncture community resources. www.acufinder.com/learning_resource.php

CAM on PubMed is a direct link to the NLM's PubMed subset of Complementary Medicine Literature. This database allows users to limit their searches only to Complementary Medicine resources and bypass the need to search the entire PubMed system.

nccih.nih.gov/research/camonpubmed

Chinese Medicine Times is a free online Chinese medicine journal for practitioners, students and the public. www.chinesemedicinetimes.com

CM Journal is an online journal for evidence-based, scientific research of Chinese medicine. www.cmjournal.org

Internet Journal of Alternative Medicine is a peer-reviewed journal of naturopathy. www.intjnm.org

NCCAM (National Institutes of Health's National Center for Complementary and Integrative Health) highlights the dissemination of information of NIH-funded research on complementary and alternative medical practices. www.nccih.nih.gov

Point-To-Point Acupuncture website contains notes from Jeffrey Yuen lectures on various aspects of TCM including 5 Element Acupuncture, 8 Extra Vessels, Ghost Points, Tui Na, Wen Bing, etc. <http://www.point-to-point-acupuncture.com/Resources.html>

Cancer Resources

NCI on CAM offers select NCI literature and cancer education publications related to Complementary & Alternative Medicine. www.cancer.gov/about-cancer/treatment/cam

National Cancer Institute's website offering a wide range of accurate, credible cancer information such as peer-reviewed statements on many different types of cancers for patients and detailed treatment statements for health care professionals. www.cancer.gov/

Cancer Research UK TCM shares information about TCM cancer treatments www.cancerresearchuk.org/about-cancer/cancers-in-general/treatment/complementary-alternative/therapies/traditional-chinese-medicine

PDQ Physicians Data Query is the national Cancer Institute's comprehensive cancer database providing a wealth of information including peer-reviewed summaries on cancer treatment, screening, prevention, genetics, and supportive care with complementary and alternative medicine. <http://www.cancer.gov/publications/pdq>

Herbal Medicine

Acufinder Herbs has materia medica information on herbs
www.acufinder.com/Acupuncture+Herbs

Agricola, the National Agriculture Database, encompasses all aspects of agriculture including nutrition, environmental science, and education. www.agricola.nal.usda.gov

Ethno Botany Journal offers articles from an array of disciplines, including the biological and social sciences. www.ethnobotanyjournal.org

HerbMed is produced by the Alternative Medicine Foundation and contains links to the evidence-based data underlying the use of herbs for health. www.herbmed.org

IBIDS Database is an international bibliography of dietary supplements.
www.ods.od.nih.gov/Health_Information/IBIDS.aspx

Institute for Traditional Medicine is a good source for articles on numerous topics including disorders, herbs, TCM, and Tibetan medicine. This site has an index to START group, a collection of brochures on all aspects of CM. www.itmonline.org

Rocky Mountain Herbal Institute has a free herb library of the Chinese materia medica. Free registration required for access – user name and password are emailed to you within minutes.
www.rmhiherbal.org

National Library of Herbal Medicine & Health Sites

Centers for Disease Control & Prevention offers public health information on communicable diseases such as hepatitis, AIDS, tuberculosis, etc. www.cdc.gov

Clinical Trials was developed by the US National Institutes of Health through its National Library of Medicine to provide patients, family members and members of the public current information about clinical research studies. www.clinicaltrials.gov

Consumer Product Safety Commission works to reduce the risks of injury or death from consumer products by issuing and maintaining safety standards, educating the public, issuing recalls, and research. www.cpsc.gov

Healthfinder is an online consumer health information website produced by the US Office of Disease Prevention and Health Promotion. www.healthfinder.gov

MEDLINEplus is a one-stop site contains many links to information published by government agencies about different health conditions and links to organizations, directories, dictionaries, and clearinghouses. www.nlm.nih.gov/medlineplus

PubMed was designed to provide access to the current MEDLINE and then link to full-text articles where available from citations retrieved. www.ncbi.nlm.nih.gov/pubmed

PubMed Central (PMC) is the US National Library of Medicine's digital archive of life sciences journal literature with free and unrestricted access. www.ncbi.nlm.nih.gov/pmc/

National Health Information Center provides the Health Information Resource Database listing over 1000 organizations and government offices that provide health information upon request. health.gov/nhic/

NIH Senior Health was developed by the National Institute on Aging and the National Library of Medicine, both part of the National Institutes of Health. www.nihseniorhealth.gov

US Food and Drug Administration provides safety information on drugs for humans and animals, cosmetics, food products, medical, and radiological devices. www.fda.gov

Nutrition and Dietary Resources

Federal Citizen Information Center provides links on articles published by the Federal Government related to nutrition, food safety, fruit and veggies, labeling, and government programs available to the public. publications.usa.gov/

Food and Nutrition Information Center is provided by the US Department of Agriculture – National Agriculture Library and contains many different nutrition topics including: food and nutrition education, food safety, herbal and dietary supplements, and weight control. fnic.nal.usda.gov/

Food and Nutrition Topics offered by Medline Plus containing information on diverse food and nutrition topics including dietary supplements, dietary needs and vegetarianism. www.nlm.nih.gov/medlineplus/foodandnutrition.html

Nutrition.gov is a service of the National Agriculture Library from the US Department of Agriculture., providing a search for food and dietary information. www.nutrition.gov

Nutrition Journal is a peer-reviewed journal of research reports, clinical studies, case reports, and reviews. www.nutritionj.com

CDC Nutrition site offered by the CDC contains topics related to nutrition, health promotion, and disease prevention. www.cdc.gov/nutrition/index.html

Other Journal Directories

BioMed Central offers original research articles freely and permanently accessible online immediately upon publication. www.biomedcentral.com

Directory of Open Access Journals offers free, full text, quality controlled scientific and scholarly journals covering all subjects and many languages. www.doaj.org

E-Medicine offers medical information written by physicians for patients and consumers on important health topics. www.emedicinehealth.com/script/main/hp.asp

Free Medical Journals offers free access to medical journals. www.freemedicaljournals.com

Google Scholar offers free journals. scholar.google.com

Health Central is a comprehensive consumer health site with information on topics from A-Z. www.healthcentral.com

Health World offers both alternative and conventional medical information www.healthy.net

Highwire is Stanford University's repository of full-text life science articles. www.highwire.stanford.edu/lists/freart.dtl

MedEd Portal is a free online peer-reviewed publication service provided by the Association of American Medical Colleges (AAMC). www.mededportal.org/

Medscape contains feature articles for health care professionals, patients, and families. www.medscape.com/

NOAH Health and Illness offers health topics like disorders and conditions, resources, and procedures. www.noah-health.org/health-and-illness-topics/

Preventing Chronic Disease is published by the Centers for Disease Control (CDC). www.cdc.gov/pcd/about_the_journal/index.htm