

Course Descriptions

Certificate in Chinese Herbal Medicine (CCHM) Program

HM911/921 Herbal Medicine 1 & 2 [8cr/120hrs each] This two-part course provides a comprehensive study of Chinese Herbal Medicine. Topics include history, theory, and the classifications and medical properties of Chinese herbs. Students also learn the classical herbal prescriptions of Chinese Medicine. Topics include the history, pattern discrimination, actions and indications of major formulas. Courses must be taken in order.

HM912 Incompatibilities, Contraindications, and Interactions [1cr/15hrs] This course introduces the concepts of interaction of individual Chinese herbs and traditional formulas that are used in clinical practice, with an emphasis on understanding how to safely combine herbs, as well as historically documented incompatible and contraindicated substances. Toxicology in Chinese herbal medicine and drug-herb interaction issues are also discussed from a western perspective.

HM913 Essential Oils [2cr/30hrs] This course provides an introduction to the basic uses and properties of essential oils and their place in Chinese Medicine. Topics include Essential Oils Materia Medica, application and safety of essential oils in the treatment of various commonly seen conditions, formula creation, and the use of essential oils with the Luo, Eight Extraordinary, and Divergent meridian systems.

HM914 Food Therapy [2cr/30hrs] This course introduces the basic principles of Chinese food therapy. Topics include materia medica of foods and their categorization with regard to temperature, taste, and function as well as the implementation of dietary advice for various diseases and pattern differentiations.

HM922 Classical Channels & Herbs [1cr/15hrs] This course will cover the internal and external use of Chinese herbal medicine in treating the Sinew, Luo, Divergent and Eight Extra Channels. Discussions will include historical perspectives and clinical application of herbal medicine to address commonly seen conditions.

HM923 Herbal Preparations [3cr/45hrs] This course provides an introduction to the knowledge and skills necessary to create medicinal preparations from raw herbs. Topics include herb processing (pao zhi), tinctures, pills and other internal medicines, liniments, salves and other topical preparations. Students practice preparing the most commonly used medicinal formats from raw herbs.

HM931 Patent Medicines [2cr/30hrs] This course is a study of patented Chinese Herbal Medicines. Topics include proper dosage, manufacturers, clinical applications and dispensary operations. Students also study the actions, indications, dosage, and contraindications of patent medicines. *Prerequisites HM911/921.*

HM932 Herbal Comprehensive Review [3cr/45hrs] This course provides a comprehensive study of the Chinese Materia Medica and classical prescriptions. Emphasis is placed on synthesizing knowledge of herbs and formulas. *Prerequisite HM911/912/913/921/922*

OB911 Herbal Dispensary [.5cr/15hrs] Herbal dispensary takes place over the first two terms of the program. This course provides an introduction to the Chinese herbal dispensary and emphasizes hands on experience in mixing herbal formulas using raw herbs, essential oils, tinctures, and granules. Students will become familiar with the categories of bulk herbs and the most frequently used patent medicines.

IN931 Clinical Internship [7cr/210hrs] This course provides an opportunity to integrate the theoretical and practical aspects of herbal medicine in a clinical setting. Student must be able to modify formulas based on patient response and identify conditions that warrant patient referral. Courses include clinical case review. *Prerequisite OB911, HM911/921/922.*